Be SMART online

SAFE

Keep your personal information safe. If you're chatting or posting online never say things like your full name, passwords or address, even if people say that they are your friends.

MEET

Meeting up with people you meet online is very dangerous, even if they are a friend of a friend. If someone you've met online asks to meet you or asks for photos or videos of you, then tell an adult straight away.

ACCEPTING

Think carefully before you click on anything or accept anyone online. You never know where they may lead you or if they contain viruses. If you don't know who or what it is, ask an adult and show them what you've been sent.

RELIABLE

Don't trust everything you read or what everyone says online. Information can be out of date, inaccurate or not entirely true. You can double check information from other websites or books to see if it's true.

TELL

Tell an adult you trust, this could be your parent, carer or teacher, if someone or something online makes you feel upset, worried or confused. There are lots of people who will be able to help you.

BE KIND

Remember, you can make the internet a better place if you are always kind and respectful when you're online. Always treat others the way you'd want to be treated.







