

Have a bedtime checklist

Check list

You are more at risk from a fire when asleep, so it's a good idea to check your home before you go to bed.

- ✔ Close internal doors at night to stop a fire from spreading
- ✔ Turn off and unplug electrical appliances unless they are designed to be left on – like your freezer. Check your cooker is turned off
- ✔ Don't leave the washing machine on
- ✔ Turn heaters off and put up fire guards
- ✔ Put candles and cigarettes out properly
- ✔ Make sure exits are kept clear
- ✔ Keep door and window keys where everyone can find them

