

# Fire safety in high rise buildings

Following these basic home safety tips and adopting them into your daily routine will help to make your home safer.



**Working smoke alarms save lives; fit yours and test every week**  
Remember, a smoke alarm can only warn you if it works properly



**Know your escape route**  
Plan how you would get out if there was a fire in your home. Get to know your building's evacuation plan; ask your building manager, landlord or warden



**Have a night time routine**  
Every night, remember to close all doors, switch off and unplug appliances. Keep your phone and any mobility aids close by if you need them



**Take extra care when cooking**  
Keep anything that could catch fire away from the cooker. Use a timer and never leave it unattended



**Check your appliances**  
Unplug them when they're not in use, unless they need to be on at all times e.g. fridge/freezer. Keep them clean and in good working order and check for British or European safety marks



**Take extra care with open flames and heaters**  
Always use a fire guard and make sure candles are not near anything that could catch fire. Make sure heaters aren't placed too close to flammable material and are not covered



**Don't overload plug sockets**  
Use a maximum of one plug in each socket and never use them if wet



**Never smoke in bed**  
Take proper care to put out and dispose of cigarettes properly and keep matches and lighters away from children