South Wales
Fire and Rescue Service

Gwasanaeth Tân ac Achub
De Cymru

DATE:	11/06/2015	FOI REQUEST NO:	55_15-16

FOI REQUEST

How many of your Wholetime Fire Stations have fitness/gym equipment on site?

Are your Wholetime Firefighters afforded time to access the fitness equipment whilst on duty as part of their contract?

How many of your Retained Fire Stations have fitness/gym equipment on site and if so what does it comprise of?

Are your Retained Firefighters paid to undertake fitness activities similarly to their Wholetime colleagues?

What incentives does the service provide their Wholetime operational staff to maintain their fitness levels?

What incentives does the service provide their Retained operational staff to maintain their fitness levels?

FOI RESPONSE

All 19 wholetime fire stations have fitness equipment on site. 11 stations are dual use (wholetime and retained)

No set time is given to wholetime firefighters for physical training. However, wholetime employees may, whilst giving due consideration to operational commitments and other work activities, undertake physical training during the hours of their shift/working day

All 38 retained fire stations have fitness equipment on site. 11 stations are dual use (wholetime and retained)

Neither wholetime or retained personnel are ‘paid’ to undertake fitness activities. Retained employees may, whilst giving due consideration to operational commitments and other work activities, undertake physical training whilst providing on-call cover.

Firefighters are not incentivised to maintain fitness levels as it forms part of their contractual obligation to ensure appropriate levels of fitness for their role. However, firefighters are supported with free access to fitness equipment and professional health & fitness specialist advice, along with occupational health support if injures occur.

> Firefighters are not incentivised to maintain fitness levels as it forms part of their contractual obligation to ensure appropriate levels of physical fitness for their role. However, firefighters are supported with free access to fitness equipment and professional health & fitness specialist advice, along with occupational health support if injuries occur.